



## Welcome

When a Beaver builds their dam all of the animals come to eat and drink.

### Bear Necessities

#### Cashew Cheese Platter (V, \*) 30

3 Varieties of house-made cashew-based cheeses -Lemon and Herb, Cashew Cheddar and Smoked Pepper- served with artisanal crackers, fresh fruits, and a drizzle of balsamic reduction

#### Kale Caesar Salad 18

A vibrant kale Caesar salad featuring green and purple kale, parmesan cheese, crispy peppered lardons, garlic croutons, and zesty Caesar dressing.

#### Den's Delightful Bowl (V, GF, \*) 19

Kale + spinach blend - roasted sweet potatoes - marinated chickpeas - broccoli - puffed quinoa - garlic tahini dressing

#### Carrot-top Pesto Potato Salad (V, GF, \*) 15

Our carrot-top pesto potato salad brings together tender chunks of boiled potatoes with a harmonious blend of vegan mayo, mustard, carrot-top pesto, and a touch of fresh herbs

Add 5oz grilled chicken breast to any salad 9

#### Plant Based Wings (V, \*) 18

Seitan and soy-based wings breaded and fried to perfection, served with crudite vegetables, ranch dressing, and your choice of sauce: Kentucky Bourbon BBQ, Hot Sauce, or Sweet Chili glaze.

#### Roots and Bulbs (V, GF, \*) 19

A hearty and flavorful dish featuring roast root vegetables, and baked onions, elegantly paired with a cashew cream cheese. Topped with crispy puffed quinoa and creole spice rub.

#### Poutine (\*) 19

Could the Kennebec Fries get even better? The simple answer, Yes. Topped with our house made Red Wine Demi Glace, Bacon and Curds it is sure to hit the spot.

**18% Gratuity is applied for all tables of 6 or more**

**Please advise your server of any food allergies & dietary restrictions**

#### Chicken Quesadilla 18

Chicken Quesadilla cornets, each with a delectable bundle of savoury flavour, served with a side of cooling sour cream for a perfect balance of creaminess and zest in every bite.

#### Jalapeño Popcorn Shrimp 19

Irresistibly spicy and crispy, served with a Sweet Chilli Sauce.

#### A Symphony Of Calamari (\*) 20

Salt and pepper calamari, crispy and lightly seasoned, paired with a cool and tangy tzatziki sauce and pickled onions for a perfect balance of textures and flavours in every bite.

### Bison Bites

#### Medley of Pickles (V, GF, \*) 10

#### Kennebec Fries (GF) 8

#### Green Beans and Almonds (V, GF) 13

#### Garlic Mash Potato (GF, \*) 11

Creamy Yukon Potatoes served with a red wine demi-glaze

#### Soup of the Day 11

Seasonally inspired chef creations served with a paired house bread

(\*) = Chef Recommendation

V = Vegan

GF = Gluten Free

**Buy a Round for the Kitchen, We really do appreciate it! \$18**